MINISTRY OF MANPOWER

Reporting Heat-Related Illnesses: Information For Employers

Fig. 1 Symptoms of Heat-Related Illnesses

1. **Your worker may be suffering from a heat-related illness** if he/she develops any of the symptoms in Fig.1 during/after **working under hot conditions**.

2. If you are unsure if this is a heat-related illness, please seek medical advice or clarify with the treating doctor.

   a. Print a copy of this page for your worker to show the doctor.

   b. **Inform the doctor that the worker had been working under hot conditions**.

   c. **Request from the doctor a memo stating (i) the medical diagnosis and (ii) if the diagnosis is work-related**. If the worker had been hospitalised, the discharge summary would also state the worker's diagnosis.

Heat-related illnesses are reportable occupational diseases under the Workplace Safety and Health Act. If your worker has been diagnosed with a heat-related illness arising from work (examples listed in box below), please notify MOM of the occupational disease at https://www.mom.gov.sg/ireport, and upload a copy of the doctor's memo or discharge summary with your notification.

**Doctors are also required to notify MOM of the occupational disease after diagnosis.*

Examples of heat-related illnesses* include:

1. Heat Stroke (Sunstroke)
2. Heat Exhaustion
3. Heat Syncope
4. Heat Cramps
5. Acute kidney injury caused by heat-related illnesses

**Heat injury is an alternative term which may be used by doctors to describe heat-related illnesses.*