WORK SAFELY ON A-FRAME LADDER
应用梯子时，请注意安全

Select the correct ladder.
Do not step on top rung of the ladder
选择最适合工作项目的梯子。
请勿在梯子的最顶部工作。

Maintain three points of contact
保持三点接触

Do not use damaged/faulty ladder
请勿使用损坏的梯子

Ensure ladder is fully extended
确保梯子已完全伸展

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