Worker’s Safety Handbook
Work within the work platform. **DO NOT** climb or stretch out over the guard rails.
Use proper access to climb up or down scaffolds.
Wear your safety harness and secure it to an anchorage point.
Ensure that stairs are fitted with handrails.
Openings in floors should be properly covered.
DO NOT use shortcuts, they are unsafe.
DO NOT use improper means to reach higher areas. Use the correct equipment such as a stool or a ladder.
DO NOT stand ladder on loose material.
Ensure that ladder is secured firmly in place.
Do not use defective ladders.
Ensure that ladders are checked before use.
DO NOT use a forklift to reach higher areas. Use appropriate equipment such as a mobile elevating work platform instead.
Practice good housekeeping. Tripping or slipping may lead to falling from height.
Maintain three points of contact when climbing a ladder (two hands and one foot or one hand and two feet). **DO NOT** carry tools in hand when climbing a ladder. Use a tool belt instead.
DO NOT move a mobile scaffold when somebody is on it.
Ensure that the work area is well lit before entering and starting work.
DO NOT use a damaged harness.

Loosened Stitching

Frayed Edges

Cuts
Obey all warning signs.
DO NOT use scaffolds without top and/or mid guardrails.
Check that scaffolds are tagged and certified safe by Scaffold Supervisor before use.
DO NOT sit or lean on guardrails.
Published in November 2009 by the Workplace Safety and Health Council in collaboration with the Ministry of Manpower.

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