**July** 2024

WSH INSIGHTS

# **Preventing Slips, Trips and Falls**

Slips, trips and falls (STFs) can happen at any workplace. In 2023, three workers died and more than 6,000 workers were injured1 due to STF accidents, accounting for more than 25% of all workplace injuries in Singapore

Slips can happen when walking on slopes or surfaces where there is too little friction between foowear and the floor; for example, when stepping on a wet or oily surface. Trips occur when one's foot collides with an object while walking on uneven ground, or due to a misstep while on stairs or steps.

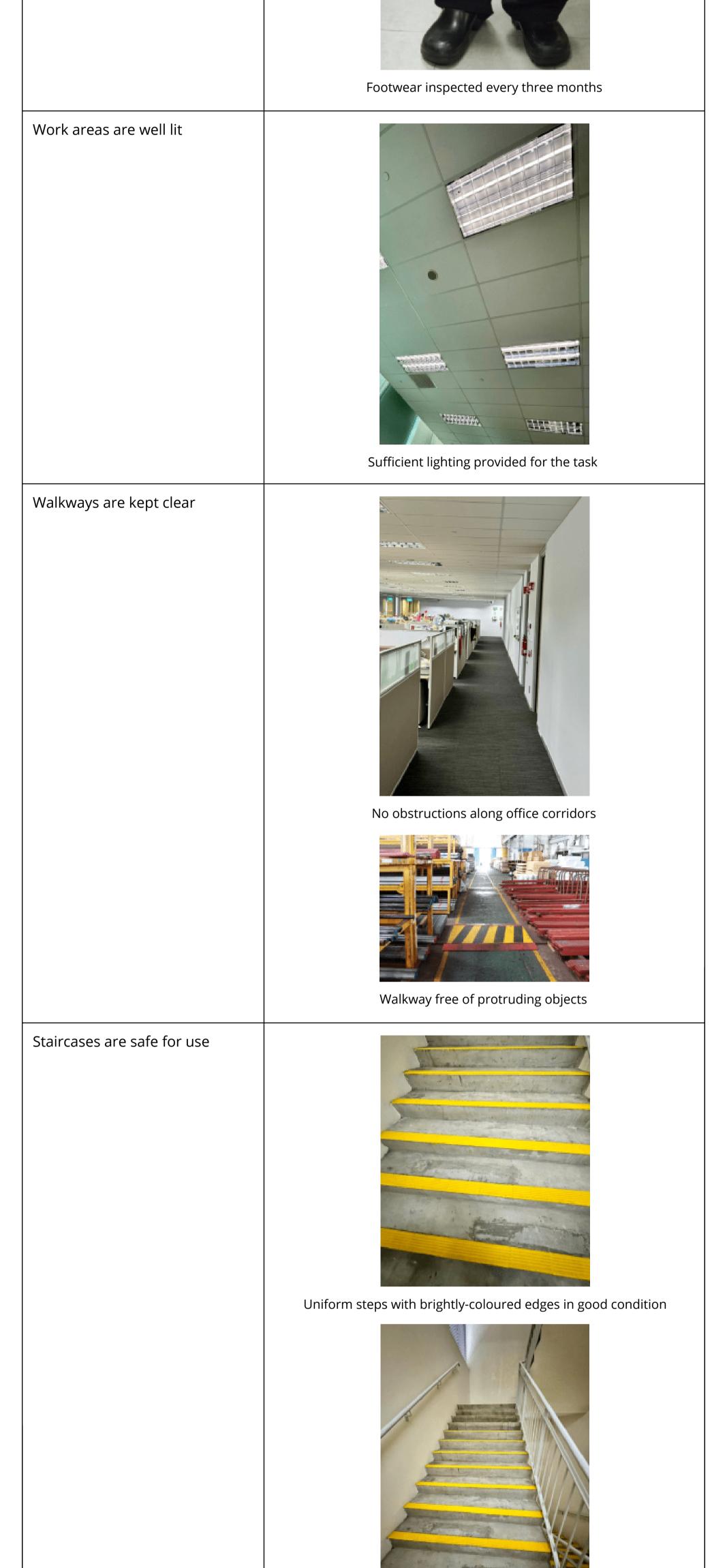


Pictogram signages depicting common scenarios how STFs can occur.

Slips and trips can lead to a fall resulting in a major or minor injury, and even fatality depending on how one falls.

The Ministry of Manpower (MOM) is conducting inspections targeting STF hazards in multiple sectors including the construction, manufacturing, transport and storage, marine, and services sectors. To assist companies to be well prepared for MOM's inspections, the WSH Council has compiled the following good practices adopted by companies to prevent STF incidents:

Take time to check	
Flooring is in good condition	Even flooring with no broken tiles
Slip-resistant flooring or anti-slip mats are provided/used at wet or oily areas	<image/> <caption><image/></caption>
Slip-resistant footwear is in good condition	



	Wide staircases provided with handrails on both sides
	Signs to remind staircase users to use the handrails
Kerbs/parking bumpers can be clearly seen	Fightly-coloured parking bumpers
Take time to clean	
Warning signs are deployed	Caution sign indicating wet floor
Spills are cleared promptly	Spills mopped up, then mopped dry
Good housekeeping is maintained	Tidy storage of construction materials for safer worker and vehicular access
Take time to share	
Workers are briefed on STF hazards and the risk controls in place	Explaining the STF concern during daily toolbox briefings
Sharing WSH resources for STF - see listing below	LOOK. THINK. DO. Look and for danger Think of how you can protect yourself. Do your work setting Basic Workplace Safety and Health (WSH) Rules



<sup>1</sup>Source: National WSH Statistics Report 2023 based on work injuries with any instance of medical leave or light duties.

# For more information:

### **WSH Legislation**

WSH (Risk Management) Regulations

#### **Singapore Standard**

SS 485: 2011 Specification for Slip Resistance Classification of Pedestrian Surface Materials SS 513: 2013 Specification for Personal Protective Equipment – Footwear (Parts 1 and 2) SS 531: 2006 (2019) Code of Practice for Lighting of Work Places (Parts 1, 2 and 3) SS 567: 2011 Code of Practice for Factory Layout – Safety, Health and Welfare Considerations

# **Ministry of Manpower**

WSH National Statistics Report 2023

# **Workplace Safety and Health Council**

Approved Code of Practice on WSH Risk Management Online Topics Page on Slips, Trips and Falls Unsafe and Safe Practices (Slip, Trips and Falls) Activity Based Checklist on Slips, Trips and Falls 6 Basic WSH Rules to Prevent Slips, Trips and Falls Slips Trips and Falls Signages 7 Videos on Slips, Trips, and Falls for Briefings or Trainings WSH Guidelines on Workplace Housekeeping Safety Timeout Sample Checklist for Workplace Housekeeping 6 Basic WSH Rules for Workplace Housekeeping

Sector-specific infographic posters: Construction industry Marine industry Logistics and Transport industry Food and Beverage industry Facilities Management sector





We regret that we are unable to reply to emails at this email address For enquiries or feedback, please email us at <u>contact@wshc.sg.</u> Visit the WSH Council's <u>website</u> now for updates on WSH-related matters, information and events.

# **REPORTING SAVES LIVES**

Learn more at (taketimetotakecare.sg

This WSH Insights is available free of charge, may be printed or downloaded onto electronic, optical or similar storage media provided that such activities are for private research, study, or in-house use only. If such material is to be copied or reproduced, users are asked to ensure that the material is reproduced accurately and not in a misleading context, that the status of the material is identified and to acknowledge Workplace Safety & Health Council, Singapore as the source of the material.