

## **About the Well-being First Responder (WFR) Programme**

Developed from the ground up to meet the competency standards detailed in the National Mental Health Competency Training Framework, the WFR programme is delivered through an exclusive partnership with the Singapore Red Cross Society. Each organisation will get a S\$400 sponsorship, which will fully subsidise the registration fee.

Below are the reasons why organisations are encouraged to sign up for the WFR programme:

- A certification of completion (valid for three years) for all learners;
- S\$400 sponsorship for every organisation, which will fully subsidise the registration fee;
- Six months of post-training support with exclusive invitations to various talks;
- Priority progression to WFR Tier 2 programme;
- Complimentary invitation to Well-being Champions Network's engagement events;
- Complimentary Well-being Champions Network's platform onboarding webinars;
- Support in the setup and facilitation of Company WFR circles;
- Exclusive access to coaching for trained WFRs; and
- Visible recognition on the Network.

To understand more on or to sign up for the WFR programme, please visit [https://share.hsforms.com/1RJ\\_Nr9zISGChFCF46-nPGgqpss3](https://share.hsforms.com/1RJ_Nr9zISGChFCF46-nPGgqpss3).