



Tripartite Alliance for  
Workplace Safety and Health

# Target Zero Falls Forum – Resources



14 July 2022

# Target Zero Falls Campaign 2022

Check out the key industry actions and download resources at

<https://www.tal.sg/wshc/campaigns/2022/target-zero-falls-campaign-2022>



# Slips, Trips and Falls Campaign 2022

Scan QR code or visit STF Campaign page at  
[www.wshc.sg/preventstf](http://www.wshc.sg/preventstf)  
to learn more about how you can participate.



# Slips, Trips and Falls Campaign 2022

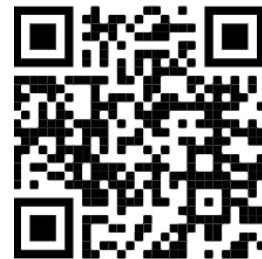
## Set your company's STF Resolution

Scan QR code or click on link below to set your company's STF Resolution

<http://survey.wshc.sg/stfresolution>



# Watch the National WSH Campaign Music Video



Scan QR Code to  
watch video

# Do the National WSH Campaign Workout

- Stay active and alert by making the National WSH Campaign Workout part of your daily/weekly exercises.
- More details on Campaign microsite at [www.taketimetotakecare.sg](http://www.taketimetotakecare.sg)



Scan QR Code to find  
tutorial video on  
microsite

# Take part in the National #WSHWorkout Challenge

## - Contest opens from now till Aug 2022

- Submit a video of you and your friends doing the workout on TikTok.
- You can also participate as a group representing your company.
- Check out the contest details on the Campaign microsite and stand a chance to win attractive prizes.



**Scan QR Code to  
visit microsite**

# Share Campaign collaterals and resources with colleagues and workers

- Download and use Campaign stickers

WhatsApp:



Telegram:





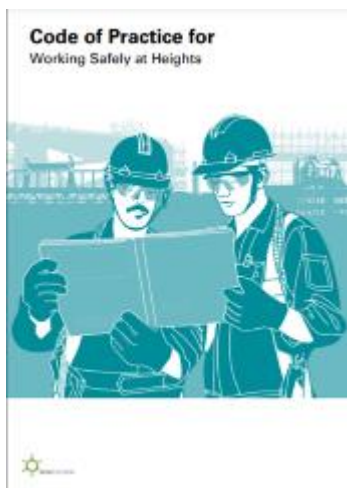
# Share Campaign collaterals and resources with colleagues and workers

- Download and print our Campaign posters to put up at your workplaces.



Scan QR Code to  
download posters

# Resources for Managers, Supervisors, WSHOs



Code of Practice for Working Safely at Heights

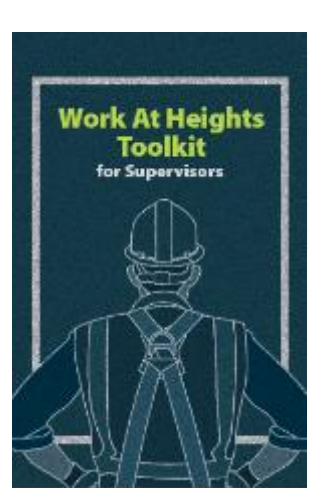


**SAMPLE CHECKLIST FOR WORKING AT HEIGHTS**

This checklist is neither a basic requirements for working safely at heights. Scenarios and examples should be used as a starting point for developing your own working at heights. This checklist is not exhaustive and users are recommended to make the necessary customisation to suit the work structure and conditions of the workplace.

Task / Item	Frequency
<b>Section A: General Requirements</b>	
1. Have tasks and equipment checked and approved by a person who is competent in assessing the safety of the equipment before its use?	12 hrs 12 hrs
2. Have workers and users of the equipment received training and been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
3. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
4. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
5. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
6. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
7. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
8. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
9. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
10. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
<b>Section B: Work Planning and Management</b>	
11. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
12. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
13. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
14. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
15. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
16. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
17. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
18. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
19. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
20. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
<b>Section C: Monitoring and Maintenance</b>	
21. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
22. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
23. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
24. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
25. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
26. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
27. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
28. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
29. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs
30. Have workers and users of the equipment been assessed to ensure they are competent to use the equipment?	12 hrs 12 hrs

Safety Time Out sample checklist for Working at Height



Work At Heights Toolkit for Supervisors



Case Studies of Accidents Involving Working at Heights



## Activity Based Checklist (ABC): Working Safely at Heights      Activity Based Checklist (ABC): Working on Rooftops



## Activity Based Checklist (ABC): Safe Use of Ladders



# WSH Guidelines on Managing Heat Stress in the Workplace



# Resources for Workers

# Fall From Forklift Video



Scan QR code to  
watch video

# Do not jump off the loading bay



Scan QR code to  
watch animated GIF

# Face the cabin while exiting



Scan QR code to  
watch animated GIF



# Maintain 3-point contact when entering or exiting the heavy vehicle



Scan QR code to  
download pictogram

# WAH Sticker “Fragile Roof. Do Not Step”

## "Work At Height" Stickers

Everyone has a role in workplace safety. Remind your fellow workers and yourself to be safe while working at height with these stickers. Visit [www.wshc.gov.sg](http://www.wshc.gov.sg) to download and print more stickers.



**CAUTION!**  
**FRAGILE ROOF**  
Do not step



Scan QR code to  
download image

# WAH Sticker Set



Scan QR code to  
download image

# English Resources for Workers



6 Basic Workplace Safety and Health Rules for Working at Heights



6 Basic Workplace Safety and Health Rules for Working on Roofs



Worker's Safety Handbook for Work at Height



# Bengali Resources for Workers



6 Basic Workplace  
Safety and Health Rules  
for Working at Heights



6 Basic Workplace  
Safety and Health Rules  
for Working on Roofs



Worker's Safety  
Handbook for  
Work at Height



# Tamil Resources for Workers



6 Basic Workplace  
Safety and Health Rules  
for Working at Heights



6 Basic Workplace  
Safety and Health Rules  
for Working on Roofs



Worker's Safety  
Handbook for  
Work at Height





# Mandarin Resources for Workers



6 Basic Workplace  
Safety and Health Rules  
for Working at Heights



6 Basic Workplace  
Safety and Health Rules  
for Working on Roofs



Worker's Safety  
Handbook for  
Work at Height

