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SAFETY , YOUR PERSONAL RESPONSIBILITY

Crane Symposium 2020

Total Workplace Safety And Health

Hans Chan
(General Manager)

Members of

1SUMMIT GLOBAL

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What is TOTAL WSH?

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Healthy Workforce, Safe Workplace

Total Workplace Safety and Health (WSH)

Looking at
Work, Safety & Health
Together

So As to achieve
workers' well being

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BENEFITS

1

Manage Stress Effectively

– Stressed employees are less effective and make more mistakes. We help identify consuming factors in personal life and work that cause stress & burnout

2

Safer and Healthier Workplace (at **almost zero cost** to employer)

3

Lower Medical Expenses

=

Higher Company Revenue

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How can my organisation start participating in Total WSH?

Signing of Non-Disclosure Agreement

We will work around your preferred schedule!

As the appointed service provider under WSH Council, we aim to make the entire program as painless and hassle-free for you!

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CRANE OPERATOR

SAFETY & HEALTH

Assistance Programme to guide Crane Operators / Companies through A-I-ME Process

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Assessment → **Intervention** → **Monitoring & Evaluation**

~1-2 months

~10-11 months (including Monitoring & Evaluation)

1. Identify top risks & recommend practical interventions

Company level

WSH Questionnaire
Safety and HR officers fill in 1 set for the whole company

Walk-through Assessment

Worker level

Anonymous Basic Health Survey
Survey open to all staff

2. Implement interventions

Examples

- Recommendation of WSH Improvements
- Health Screening (Pre and Post)
- Safety and Health Coaching Sessions
- Ergonomics Assessment & Intervention Sessions
- Broad-based Safety and Health Promotion Activities
- Return-to-Work Programme

3. Monitor and evaluate the effectiveness of programme

Examples

- Impact on Accident Rates, MC days & Healthcare Costs
- Impact on Productivity
- Return on Investment

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Intervention Programs tailored made for crane operators

Safety & Health Talks / Interactive Workshops
Physical Activities
Ergonomics
Health Coaching

Role of Lorry Crane Operators
&
Their working conditions

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Lorry Crane operator working under the hot sun

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Model:

Scania PH50B

Cabin Height:

3.2M

1st Step:

55cm ➡

2nd Step:

90cm ➡

3rd Step:

1.35m

1m
60cm
HARDOX
WONGFONG

1m

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Heat Exhaustion

If left untreated, can lead to

Heat Stroke

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Leg Cramp from long sitting hours and heat exhaustion

Deep Vein Thrombosis from long sitting hours

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Lack of protective eyewear while working outdoors and prolong exposure sunlight

Sleeping in Lorry Crane

Ergonomics Issues

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Neck Strain – if left untreated, can lead to severe back pain

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Regardless of Health Impact
Operators still have to make a living

Health Survey Results
&
Health Screening

Understanding your operators' current wellbeing statuses
&
Developing preventive measures plan

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Programs

Ergonomics

Stretching Exercises

Serves to strengthen their joints and muscles

Awareness Talks

Prove to be effective and educates operators on conditions (e.g. Heat Stroke, Cataracts etc.)

Without health, there will be no safety.
Accidents will happen

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100% HASSLE FREE

All Activities and programs will be held at your premises!

We will work around your preferred schedule!

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Contact Us!

Lead Project Manager

EDMUND LIM

9069 0884

Co. Project Manager

Su

97958 385

Email: totalwsh@wfa.sg