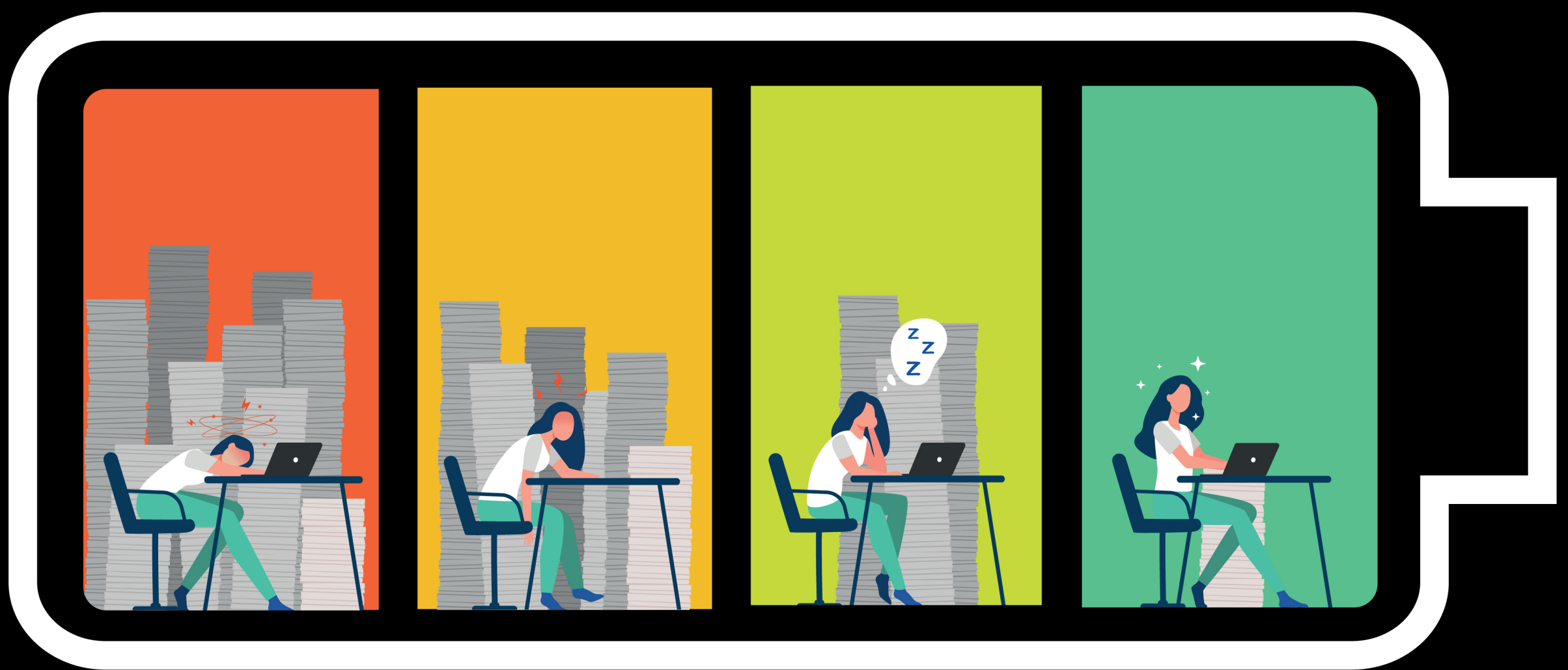




REST WELL, WORK WELL

TAKE TIME TO RECHARGE YOURSELF

This poster is designed solely for the promotion of workplace safety and health to protect workers in Singapore. The Workplace Safety and Health Council welcomes feedback on this poster and any workplace safety and health concerns via email: contact@wshe.sg. Visit www.taketimetotakecare.sg for the kind of safety and health actions you can do.