## DON'T BE A RAISIN

## AI WUKK.

Dehydration can affect your health in many ways, including poor focus, headaches, and even fatigue. This can lead to hand injuries in the workplace. Stay healthy to stay safe when working with machines. **Visit www.taketimetotakecare.sg** 



Tripartite Alliance for Workplace Safety and Health



ntuc SNEF



SAFE HANDS