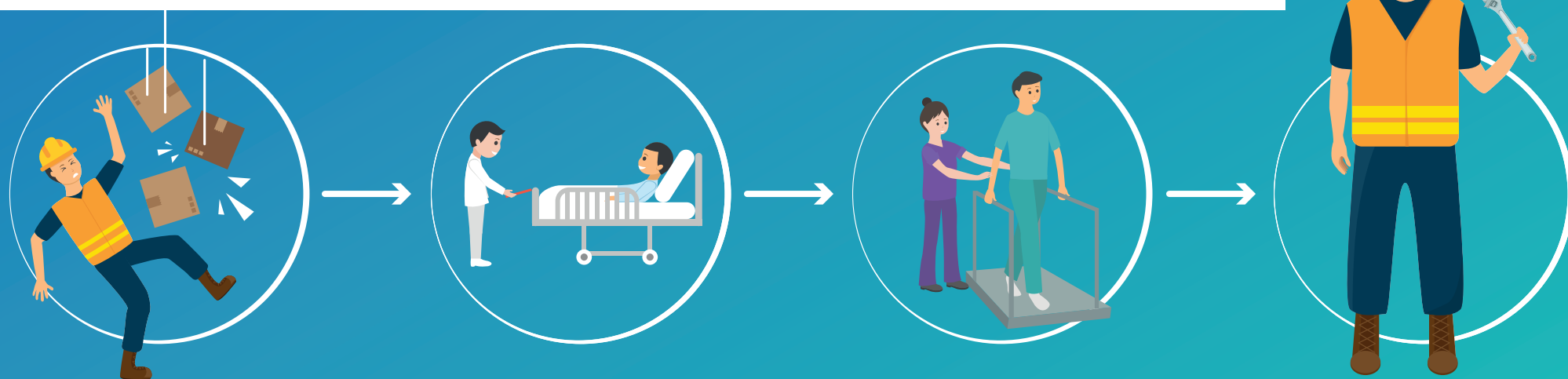


RETURN TO WORK PROGRAMME

HELPING YOU RETURN TO WORK AFTER INJURY

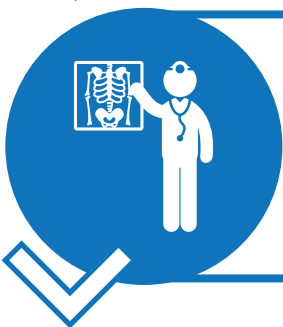


THE RETURN TO WORK (RTW) JOURNEY



WORKER GETS INJURED

- Seek medical help immediately.
- Inform employer where possible.



DOCTOR GIVES MEDICAL HELP AND ASSESSMENT

- Treat worker, provide diagnosis, prognosis.
- Recommend RTW if medical condition is stable.



RTW COORDINATOR EXAMINES THE CASE

- Understand worker's condition from doctor.
- Understand worker's job duties and work environment from employer.



RTW COORDINATOR WORKS WITH DOCTOR, WORKER AND EMPLOYER

- Works with doctor and employer to carry out a personalised plan.
- Works with employer on job re-design to help worker return to work.
- Update employer about recovery and plans for RTW.



DISCHARGE FROM PROGRAMME

- Worker returns to work with same or different employer doing pre-injury or modified pre-injury work or different work.
- If worker is unable to return to pre-injury work, he or she will be referred to government employment centres or community services for vocational training or job placement.

Supported by



For more information and list of participating hospitals, go to www.wshc.sg/returntowork

