

# LOOK. THINK. DO.

Look out for danger. Think of how you can protect yourself. Do your work safely.

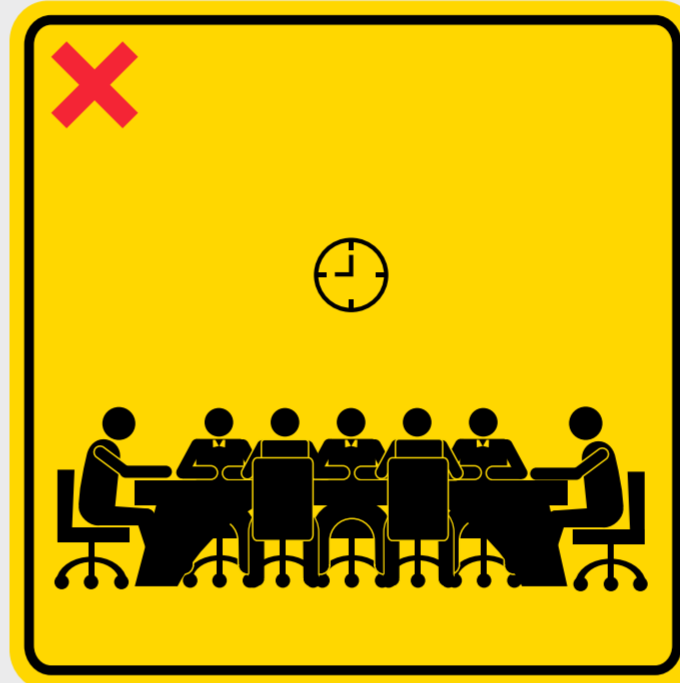
## 6 Basic Workplace Safety and Health (WSH) Rules for Safe Distancing

Severe respiratory diseases such as COVID-19 and SARS can be detrimental to our everyday lives, and has resulted in thousands of deaths globally. Do your part at the workplace by practising safe distancing to minimise the risk of disease transmission during a virus outbreak.

### Work from home (WFH) whenever possible



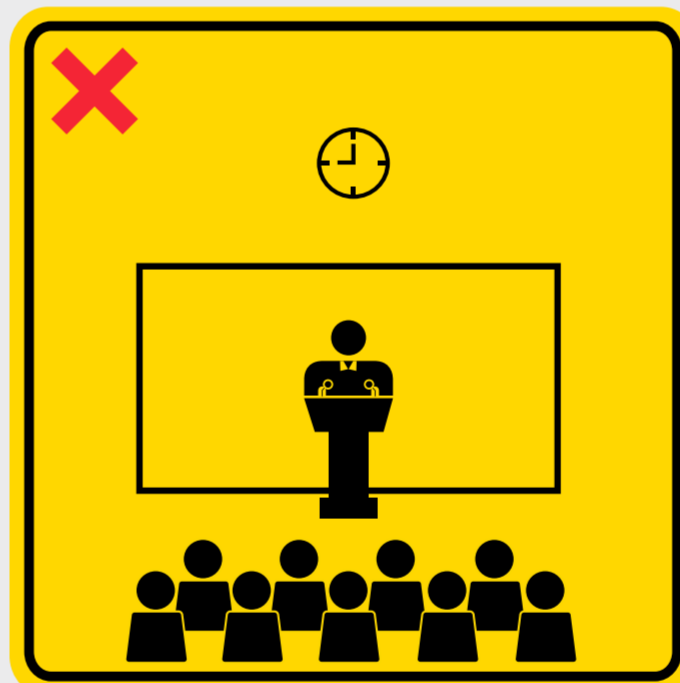
### Use the phone, or explore teleconferencing to communicate



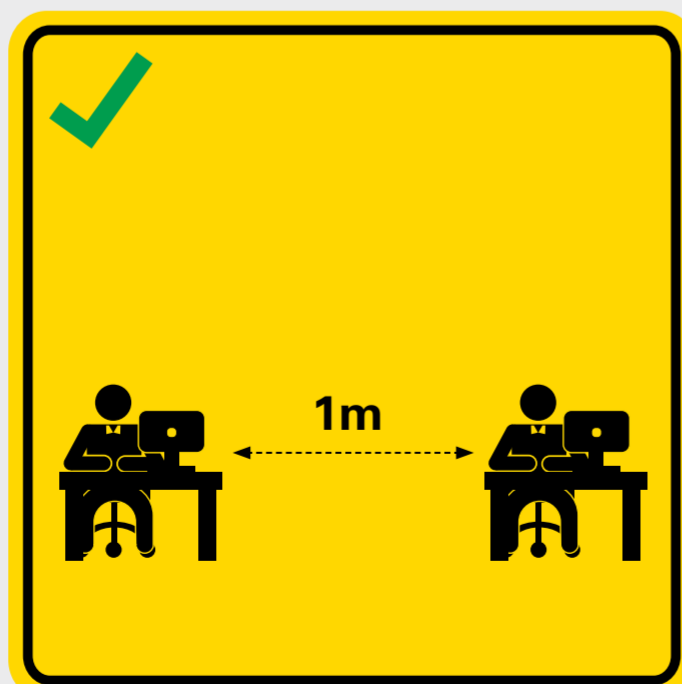
### If WFH is not possible, avoid crowds by adopting staggered working hours and meal times



### Defer or cancel all non-essential events



### Ensure workstations are at least one (1) metre apart



### Maintain at least one (1) metre physical spacing during briefings, meetings, and meals



Learn more about safe distancing at <https://www.mom.gov.sg/covid-19/advisory-on-safe-distancing-measures>.