



**TAKE TIME
TO TAKE CARE**
of your **SAFETY** and **HEALTH**



VIDEO COMPETITION FOR WORKERS

Lights, Camera, Safety Starts with Me!

Calling all workers – If you have a love for singing, dancing or acting, here's your chance to showcase your talents. Record your performance on video using your smartphone and submit your videos to our new Video Competition for Workers, open to all local and migrant workers. This competition is a collaboration between the Workplace Safety and Health Council and the Migrant Workers' Centre, Singapore.

Theme:

Take time to take care when working at heights.

Everyday workers, like you or your friends, put themselves at risks when working at heights. Let your video express your appreciation and thanks to your fellow workers for working safely at heights, as a reminder to your fellow workers to stay safe when working at heights, or share a story based on your experiences or encounters from working at heights.

Here are the simple steps to follow:

- 1 Think about how your video may remind your fellow workers to take time to take care of their safety when working at heights. Your video can be a song, dance, rap, jingle, acting or story.
- 2 Participate on your own or form a team.
- 3 Shoot a video that is 1 to 3 minutes long with your smartphone, or any video recording devices. Your video entry can be filmed in any location. It is not required to be recorded at your workplace.
- 4 Record your video in English or in your native language. The native language can be in Chinese, Tamil, Hindi, Bengali, Myanmar, Tagalog or Bahasa Melayu.

STAND A CHANCE TO WIN ATTRACTIVE PRIZES UP TO \$200!

Let your video be seen and heard by your friends, loved ones and fellow workers. See your winning video featured on WSH Council's and Migrant Workers' Centre's social media channels.

SUBMIT YOUR ENTRY TODAY

- 1 Log in to your WhatsApp phone app
WhatsApp chat to **+65 8810 9225**
- 2 Enter your name, **NRIC/FIN** (last 3 digits and the last letter. Eg. 123A) and **Title of video**
 Select your video  Click send
- 3 Submission Deadline: **5 April 2021**
Visit www.wshc.sg/safetystartswithme for more information.

