



TAKE TIME TO TAKE CARE of your SAFETY and HEALTH

Before conducting any machine maintenance or repair, take the time to check that the lock-out tag-out (LOTO) procedure is carried out. Take care of your health by adopting proper work postures and using mechanical aids when handling heavy objects.

Also, remember to take care of your health by wearing hearing protectors when working in a noisy environment.

You can prevent all injuries at work. Learn how you can take time to take care.
Visit wshc.sg/safehands

