

PUTTING THE SPOTLIGHT ON WORK-LIFE HARMONY

It is evident that the hybrid work model is here to stay as Singapore continues to adjust to a post pandemic new normal.

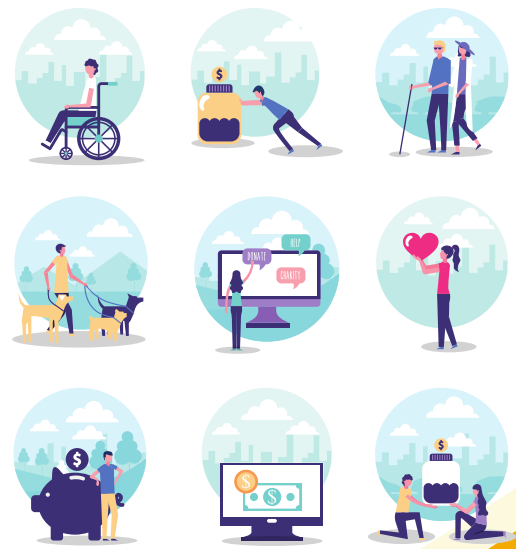
Does this mean **better work-life harmony**?



While working from home has its benefits, it has increasingly erased the boundaries between **time dedicated for work** and the **time that should be reserved for oneself**. It is important for individuals to maintain healthy work-life boundaries to achieve [work-life harmony](#).

WORK-LIFE HARMONY

is a state where individuals are able to effectively manage work responsibilities and family/personal aspirations.



BENEFITS OF WORK-LIFE HARMONY

- Improve employee efficiency
- Increase employee engagement
- Improve attraction and retention of talent
- Reduce health-related costs (e.g. absenteeism, medical leave)
- Broaden talent pool
- Improved customer experience

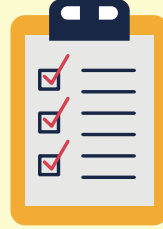


TIPS TO SUPPORT EMPLOYEES' WORK-LIFE HARMONY



EQUIP

- Equip employees with necessary tools (apps/ stable internet connection etc)



RETHINK

- Rethink work processes to factor in [Flexible Working Arrangements](#)



CHAMPION

- Have a Work-Life Harmony Champion at work to cultivate a supportive work place culture



IMPLEMENT

- Implement work-life initiatives/ practices such as FWAs, [enhanced leave benefits](#) and [employee support schemes](#)



ADOPT

- Adopt the Tripartite Standards on [Flexible Work Arrangements](#) and [Work-Life Harmony](#)